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Dr. Bailey was born in New York City. Having lost an uncle from the ravages of type 1 diabetes while a teen, he became interested in medicine. In 1990 he moved to Escondido, California and began work at Advanced Metabolic Care + Research in Escondido, CA where he currently serves as its president. Dr. Bailey is the director of AMCR Institute and has served as principal investigator on phase 1 to 4 clinical trials, testing new medications and technology for diabetes, including recent work with the "artificial pancreas."

Dr. Bailey is a clinical associate professor of medicine at the University of California at San Diego and helps train endocrinology fellows. He is the immediate past president of the California chapter of American Association of Clinical Endocrinologists (AACE).

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